

## **Arts, Leisure and Culture Select Committee**

### **Update to Executive Scrutiny Committee – 5 August 2014**

#### **Update on Progress (including issues/problems/successes)**

##### **Review of the Effects of Arts, Leisure and Culture on Wellbeing**

The review commenced on 4 June 2014 when the scope and project plan were agreed.

The Committee meet on 16 July 2014 to consider an overview of available evidence supporting the use of arts, leisure & cultural activities as an effective means of contributing towards wellbeing.

Successful case studies nationally that have led to demonstrable improvements to wellbeing will be reviewed focusing in particular on:-

- the positive impact arts, leisure & culture activities have had on mental health and wellbeing;
- promoting good mental health and wellbeing (i.e. preventative activity);
- treating mental ill health;
- specific target groups at greater risk of poorer mental health;
- how our existing evidence base obtained from Event surveys can be enhanced to illustrate the positive outcomes obtained regarding participants health & wellbeing.

The presentation of the final report with recommendations for approval to Cabinet is scheduled for 12 March 2015.